

BENEVOLENT RESOURCES IN WELLINGTON COUNTY **COUNTY-WIDE SERVICES**

Wellington Transportation Services

Telephone: (519) 843-7003 or (Toll-free) 1-866-694-9562

- A collaborative network of community service providers who provide volunteer-based transportation services to residents of Centre, North or East Wellington. Rides can be arranged to medical, legal and social service appointments; visiting family or friends in long term care; participation in social or active lifestyle programs and errands of daily living - grocery shopping, banking etc.

Family and Children's Services of Guelph and Wellington County

Telephone: (Toll-free) 1-800-265-8300

Website: <http://www.fcsgw.org>.

- F & CS offers support to children who are victims of abuse or neglect and to families who may be at risk. Programs include the Family Support Program, Foster Care, Adoption Services and Pregnancy Counselling.

Second Chance Employment Services

Telephone: (519) 843-5513 or (Toll-free) 1-800-478-0961

Website: <http://www.2ndchance.ca>.

Address: 160 St David St S, Unit 104, Fergus.

- 2nd Chance Employment Counselling (Wellington County) provides personal, customized services for adults and anyone on EI who want to find employment or explore their training and career options. Help is only available for youth and adults in Wellington County through the 2nd Chance Fergus location. 2nd Chance also offers appointments in communities throughout the County.
- Their services include a Drop-in Resource Centre - open to everyone to support their job search and career research needs – and individual employment counselling.

Wellington County Learning Centre (WCLC)

Telephone: (519) 848-3462 or (Toll-free) 1-888-368-7889

Website: <http://www.thewclc.ca>.

Address: 179 George Street, Arthur.

- The WCLC offers a large number of programs for adults and youth, including small group programs which are run out of the office in Arthur and one-on-ones which can be done anywhere in Wellington County. They run a large number of literacy-upgrading programs and also help with numeracy and basic computer skills and resume development.

•The WCLC also provides a number of valuable services to low-income residents in Arthur. They have 5 computers located on the second floor of their building, which have free internet access. They are also the only place in Arthur where you can fax documents – usually for free – and photocopying which is 10 cents/page.

Volunteer Centre of Guelph Wellington County

Telephone: (519 822-0912) or (Toll Free) 1-866-693-3318

Website: www.volunteerguelphwellington.on.ca Address: 46 Cork Street East, Unit 1, Guelph ON, N1H 0W8

• This is an organization offers community information Guelph – A program which provides information about: o non profit agencies

- o community support services
- o government support services
- o and other local organizations.

• These services are especially beneficial for new Canadian arriving in Guelph as they provide information in areas such as:

- o Employment
 - o community support service
 - o Recreation,
 - o Housing
 - o Crisis
 - o Immigration settlement services
 - o Health and more

REGION-SPECIFIC SERVICES

NORTH WELLINGTON, CENTRE WELLINGTON, MINTO, MAPLETON

Community Resource Centre

Telephone: (519) 843-7000 or (Toll-free) 1-866-840-3249

Website: <http://www.communityresourcecentre.org>

Offices in Fergus, Arthur & Harriston (see individual communities for more information).

•This is a Multi-service centre responding to community needs in Centre Wellington (Fergus, Elora), North Wellington (Arthur, Conn, Kenilworth & Mount Forest), Mapleton Township (Drayton, Moorefield, Alma) & Minto (Clifford, Harriston & Palmerston). They provide the following: o Outreach and support services;

- o Youth Outreach Program;
- o Crisis intervention;
- o Assistance finding housing and preventing evictions;
- o Life skills and budgeting assistance;

- o Let Kids Play program (financial assistance for sporting and cultural activities for children under 16 years old);
- o Rent and Utility Bank for emergency one time assistance;
- o Licensed child care and early years programs; and
- o Parent and child groups.

EAST WELLINGTON, INCLUDING ERIN, HILLSBURGH & ROCKWOOD

East Wellington Community Services

Telephone: (519) 833-9696

Website: <http://www.eastwellingtoncommunityservices.com>

Offices in Erin and Rockwood (see individual communities for more information).

•East Wellington Community Services is a community-based, multi-service centre which supports individuals in need, provides information on available services, liaises with related organizations and encourages community development. They provide the following services:

- o Children's Services, including parent-child programs from birth to 6 years;
- o Seniors' Services, including Day Programs to provide social/recreational activities for seniors, Telephone Check-Up Service: a daily phone call for those who may be frail, living alone, or in poor health, and Home Help: matches are arranged between seniors requiring assistance with housework and persons who will do this for a set fee.
- o Erin Food Bank distributes emergency food supplies on Thursdays. Food is collected once a month, as well as on an emergency basis.
- o Community Outreach
- o Diners Club
- o Second Chance Employment Services
- o Government Forms & Pamphlets;
- o Faxing, Photocopying and laminating services; and
- o Recreation Information

A-Z LIST OF SERVICES BY COMMUNITY

ARTHUR

Arthur Food Bank

146 St George Street, Arthur.

Telephone: (519) 848-3272

•The Food Bank is open on Tuesdays from 10:00am - Noon or call the number above in emergencies. Messages are picked up each day.

Arthur Library

110 Charles Street East, Arthur.
Telephone: (519) 848-3999

CLIFFORD**Clifford Food Bank**

Clifford United Church, corner of Allan and Church Streets.
Telephone: (519) 327-8588 – answering machine.

- Clients are asked to leave a message with their name, address, the number of family members, and information on any food allergies or special dietary needs. Messages are picked up on Monday; food available for pick up on Tuesday.

Clifford Library

7 Brown Street, Clifford.
Telephone: (519) 327-8328

DRAYTON**Drayton Library**

106 Wellington Street South, Drayton.
Telephone: (519) 638-3788

ELORA**Centre Wellington Food Bank**

170 St Andrew St East, Fergus.
Telephone: (519) 787-1401

- Open Tuesdays and Thursdays from 1-4pm.

Elora Library

144 Geddes Street, Elora.
Telephone: (519) 846-0190

ERIN**East Wellington Community Services**

45 Main Street, Erin.
Telephone: (519) 833-9696

Erin Food Bank

45 Main Street, Erin.
Telephone: (519) 833-9696

Community Living Centre – East Wellington

3 Shamrock Road, Erin.
Telephone: (519) 833-0389
Website: <http://www.gwacl.on.ca>

- Agency that provides support, assistance and services to people with an intellectual disability throughout their entire adult lifespan. They advocate for and facilitate their full participation and inclusion into community life, offering a variety of activities and learning opportunities other than employment/job training.

Rural Women Support Program

45 Main Street, Erin. Telephone: (519) 833-2301

24hr Crisis Line – 1-800-265-7233

- The Rural Women’s Support Program provides free support services to women and their children living in Wellington County and connects women to Marianne’s Place Shelter. Individual counselling and groups are offered to women who have been or are in an abusive relationship and to women who are survivors of childhood sexual abuse, sexual assault or harassment.

Erin Library

14 Boland Drive, Erin.

Telephone: (519) 833-9762

FERGUS

Centre Wellington Food Bank

170 St Andrew St East, Fergus.

Telephone: (519) 787-1401

- Open Tuesdays and Thursdays from 1-4pm.

Community Living Centre – Centre Wellington

280 St Patrick Street West, Fergus.

Telephone: (519) 787-1539

Website: <http://www.gwacl.on.ca>

- Agency that provides support, assistance and services to people with an intellectual disability throughout their entire adult lifespan. They advocate for and facilitate their full participation and inclusion into community life, offering a variety of activities and learning opportunities other than employment/job training.

Fergus Library

190 St Andrew St West, Fergus.

(519) 843-1180

Rural Women Support Program

479 St Patrick St West, Fergus.

Telephone: (519) 843-6834

24hr Crisis Line – 1-800-265-7233

- The Rural Women's Support Program provides free support services to women and their children living in Wellington County and connects women to Marianne's Place Shelter. Individual counselling and groups are offered to women who have been or are in an abusive relationship and to women who are survivors of childhood sexual abuse, sexual assault or harassment.

Trellis Mental Health and Developmental Services

234 St Patrick St E, Upper Level, Fergus.

Telephone: (519) 843-6191

HARRISTON

Community Living Centre – Minto

106 Thomas Street, Harriston.

Telephone: (519) 338-2659

Website: <http://www.gwacl.on.ca>

- □ Agency that provides support, assistance and services to people with an intellectual disability throughout their entire adult lifespan. They advocate for and facilitate their full participation and inclusion into community life, offering a variety of activities and learning opportunities other than employment/job training.

Community Resource Centre/Ontario Early Years Centre

60 Elora Street South, Harriston.

Telephone: (519) 338-5973

Harriston Food Bank

Telephone: (519) 338-2825

- Leave a message on the answering machine with information including name, address, number of family members (including children) and some details about their situation.

Harriston Library

88 Mill Street, Harriston.

Telephone: (519) 338-2396

HILLSBURGH

Hillsburgh Library

98B Trafalgar Road, Hillsburgh.

Telephone: (519) 855-4010

MOUNT FOREST

Community Living Centre – Wellington North

135 Fergus Street, Mount Forest.

Telephone: (519) 323-4050

Website: <http://www.gwacl.on.ca>

- Agency that provides support, assistance and services to people with an intellectual disability throughout their entire adult lifespan. They advocate for and facilitate their full participation and inclusion into community life, offering a variety of activities and learning opportunities other than employment/job training.

Mount Forest Community Pantry

Telephone: (519) 323-9218

- Leave a message on the answering machine with name and phone number. Calls are returned Mondays and Thursdays between 3:00 and 8:00pm. Food is delivered on Tuesdays and Fridays.

Mount Forest Library

118 Main Street North, Mount Forest, ON

(519) 323-4541

Rural Women Support Program

107 Main Street South, Mount Forest.

Telephone: (519) 323-3638

24hr Crisis Line – 1-800-265-7233

- The Rural Women's Support Program provides free support services to women and their children living in Wellington County and connects women to Marianne's Place Shelter. Individual counselling and groups are offered to women who have been or are in an abusive relationship and to women who are survivors of childhood sexual abuse, sexual assault or harassment.

Trellis Mental Health and Developmental Services

392 Main St N, Suite 1, Mount Forest.

Telephone: (519) 323-4373

Victorian Order of Nurses (VON)

392 Main Street North, Suite 4, Mount Forest.

Telephone: (519) 323-2330 or (Toll-free) 1-888-506-6353

- VON Peel, a not-for-profit organization, provides high-quality, community health and human care programs and services. VON helps people who have recently been in hospital recover in their own homes. VON also helps individuals, patients and families cope with the longer term effects of such conditions as arthritis, stroke, or Alzheimer's disease. Programs include:
 - North Wellington Seniors Day Out Program - an adult day program for frail elderly and individuals with mild dementia.

- Community Support Services Program (Volunteer) such as Meals on Wheels, Volunteer Transportation, Volunteer Visiting, Telephone Reassurance and Hospice Programs.
- Health Promotion Services: promote healthy lifestyles and maintain or improve health for people at all stages of life.

PALMERSTON

Palmerston Food Bank

Palmerston United Church Basement, 215 James Street, Palmerston.

Telephone: (519) 417-4774

- Requests must be made by 9pm on Wednesdays (leave message on telephone number) to pick up food at 215 James Street on Thursdays at 6.30pm.

Palmerston Library

265 Bell Street, Palmerston.

Telephone: (519) 343-2142

Rural Women Support Program

360 King Street, Unit 3, Palmerston.

Telephone: (519) 343-5192

24hr Crisis Line – 1-800-265-7233

- The Rural Women's Support Program provides free support services to women and their children living in Wellington County and connects women to Marianne's Place Shelter. Individual counselling and groups are offered to women who have been or are in an abusive relationship and to women who are survivors of childhood sexual abuse, sexual assault or harassment.

ROCKWOOD

East Wellington Community Services

106 Church Street, Rockwood.

Telephone: (519) 856-2113

Rockwood Library

85 Christie Street, Rockwood

Telephone: (519) 856-4851

Rural Women Support Program

155 Main Street South, Rockwood.

Telephone: (519) 856-2191

24hr Crisis Line – 1-800-265-7233

- The Rural Women's Support Program provides free support services to women and their children living in Wellington

County and connects women to Marianne's Place Shelter.
Individual counselling and groups are offered to women who have

been or are in an abusive relationship and to women who are survivors of childhood sexual abuse, sexual assault or harassment.

FEDERAL MEMBERS OF PARLIAMENT IN WELLINGTON COUNTY

Michael Chong MP

Wellington-Halton Hills, includes Centre Wellington (Fergus, Elora), Guelph-Eramosa, Puslinch, Erin (Rockwood, Hillsburgh)

200 St. Patrick St. East, Suite 5, Fergus.

Phone: (519) 843-7344 or (Toll-free in riding) 1-866-878-5556.

Website: <http://www.mikechong.ca>

Gary Schellenberger MP

Perth Wellington (Mapleton Township (Alma, Drayton, Moorefield), Wellington North (Arthur, Kenilworth, Mount Forest) & Minto (Harriston, Clifford, Palmerston)

248 Main Street North, Mount Forest, ON

Telephone: (519) 323-4390 or Stratford Office: (519) 273-1400

Website: <http://schellenberger.ca>

Federal MPs can help with the following issues:

- Citizenship and Immigration;
- Employment Insurance;
- Taxes;
- Canada Pension Plan;
- Social Insurance Numbers; and
- Passports, Travelling Abroad and Health Canada Advisories.

PROVINCIAL MEMBERS OF PARLIAMENT IN WELLINGTON COUNTY

Ted Arnott MPP

Wellington-Halton-Hills, includes Guelph-Eramosa, Centre Wellington, Erin & Puslinch.

2nd Floor, 181 St Andrew Street East, Fergus.

Telephone: (519) 787-5247 or (Toll-free) 1-800-265-2366

Website: <http://www.tedarnottmpp.ca>

John Wilkinson MPP

Perth-Wellington, includes Mapleton Township, Wellington North & Minto.

No office in Wellington County; office is in Stratford.

Telephone: (Toll-free) 1-800-461-9701

Website: <http://www.johnwilkinson.onmpp.ca>

Provincial MPPs can help with the following issues:

- Birth, Death and Marriage Certificates;
- Family Responsibility Office problems;
- Questions about OHIP and Healthcards;
- Ontario Student Assistance Plan; and
- Any other service provided by the Government of Ontario.